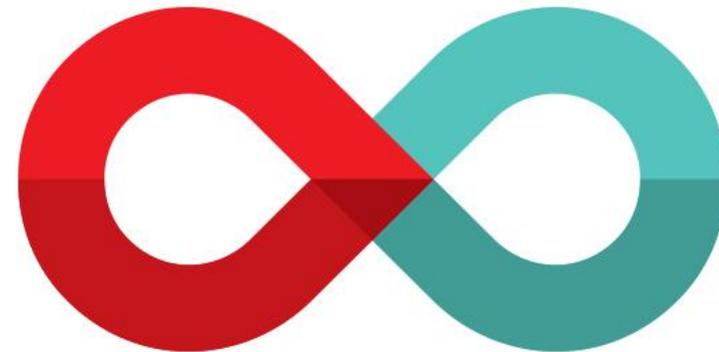
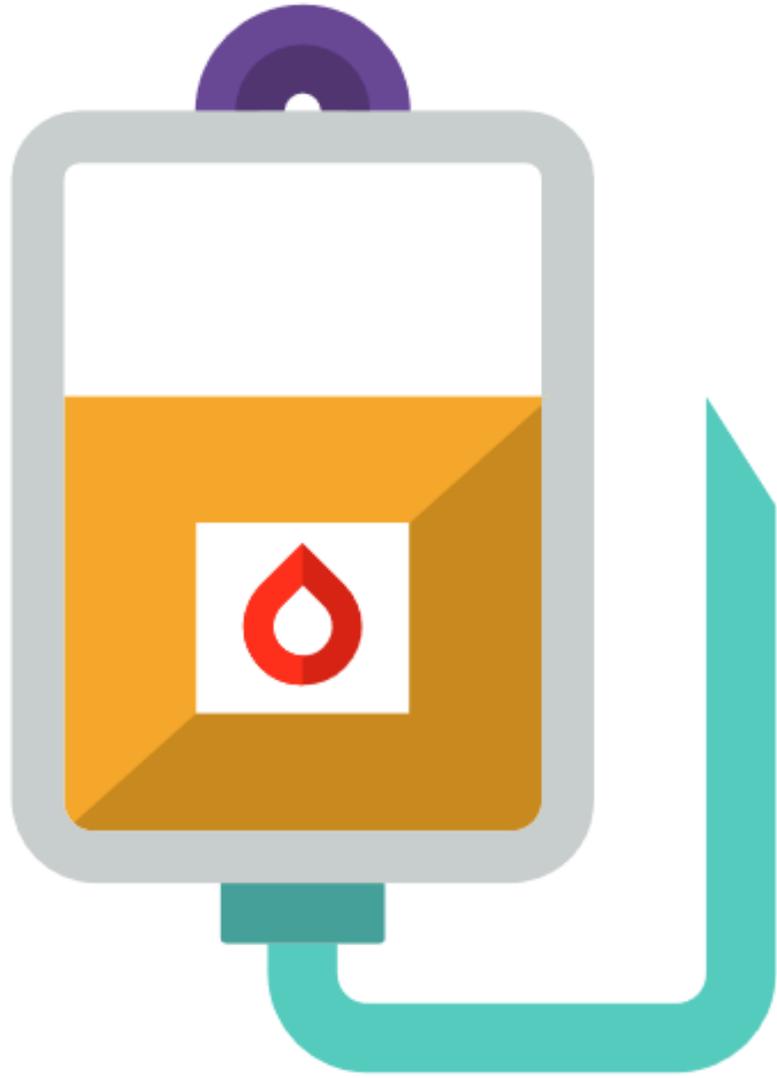
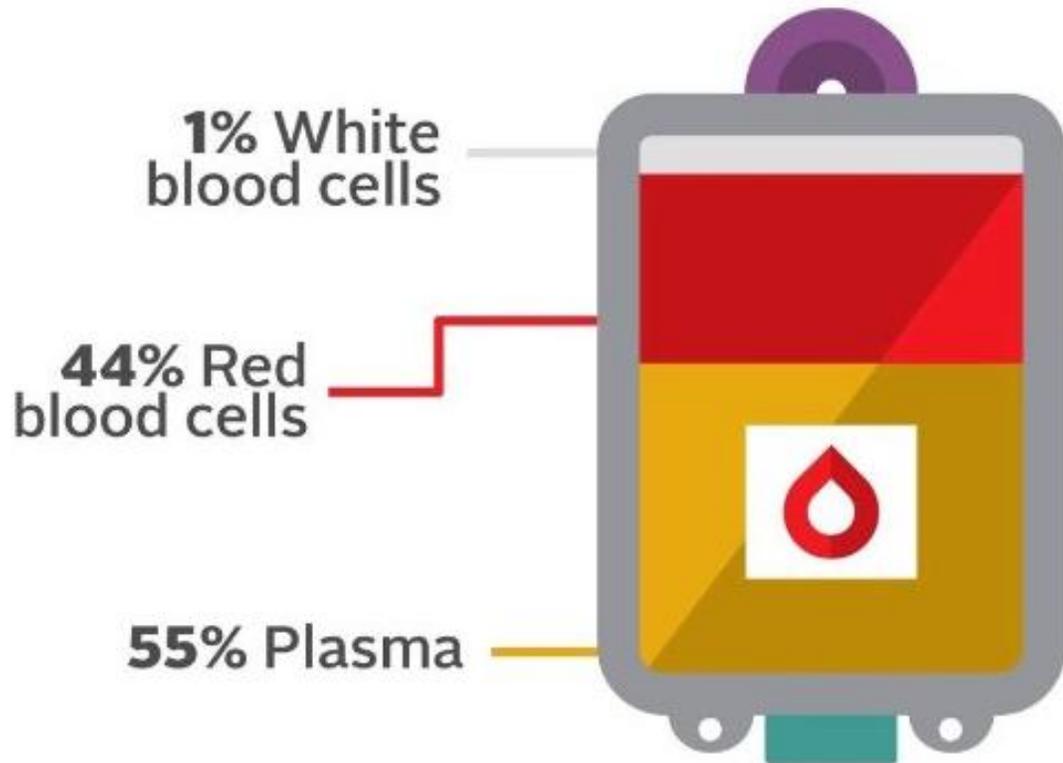


# Bingo Night

at the Vaughan Donor Centre



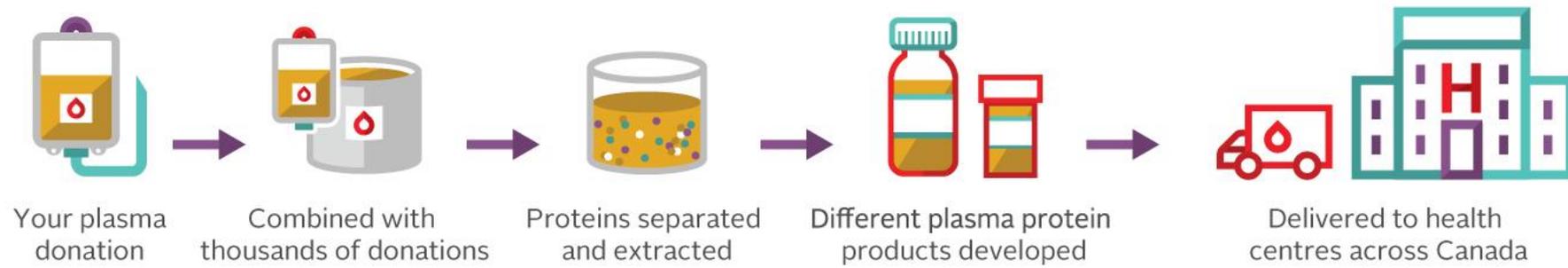




## What is plasma?

Plasma constitutes 55% of your blood volume.

It is the yellow protein-rich liquid in blood that supports your immune system.



# Plasma protein products are used to help treat a growing number of diseases and disorders



Cancer



Nervous system disorders



Bleeding disorders



Rh disease (in newborns)



Severe burns



Kidney diseases



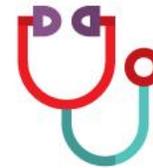
Organ transplants



Chickenpox and measles



Surgeries



Immune deficiencies



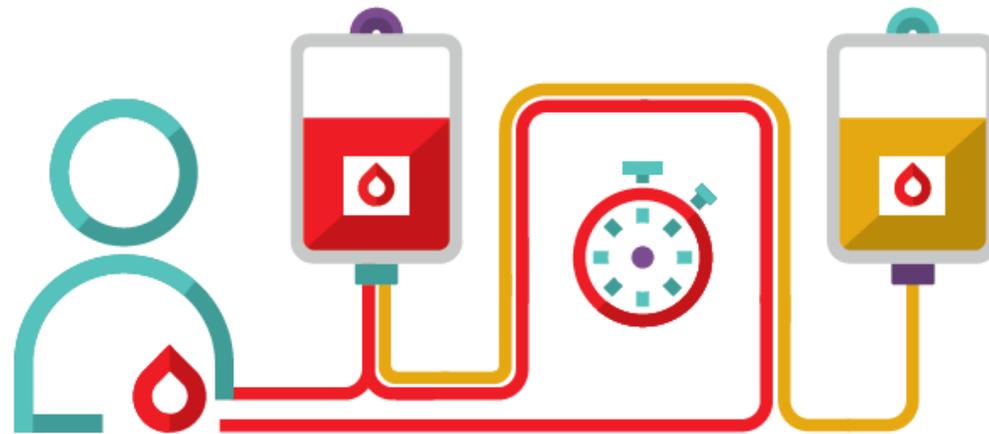
Rare blood disorders

**The need for plasma is more than  
four times what is currently  
donated in Canada.**

# Plasma Donation Process

The main difference between a whole blood and plasma donation is the collection method, known as **apheresis** (uh·feh·ruh·suhz).

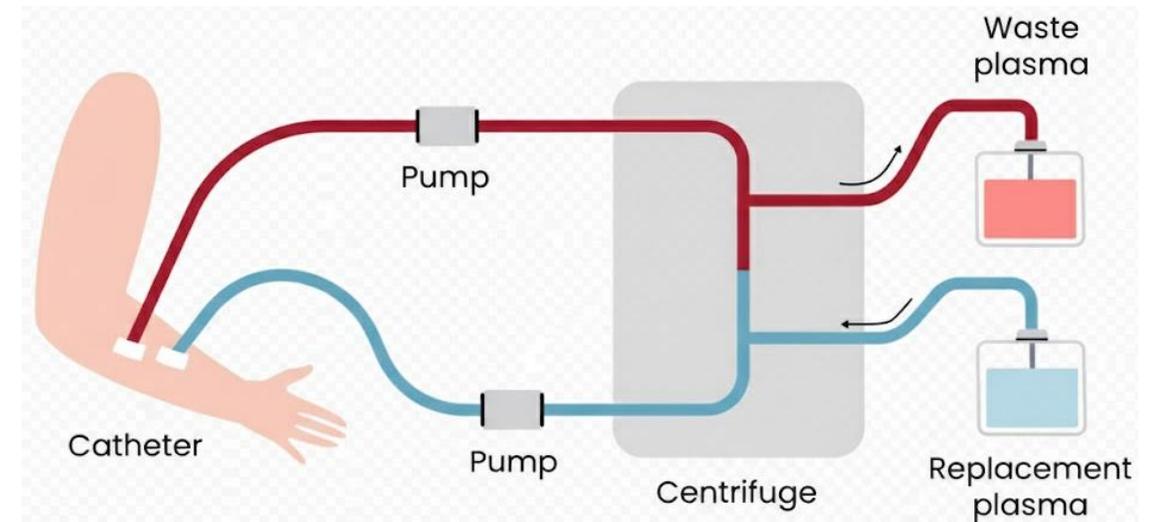
Only the plasma portion of your blood is collected; the other blood components (red cells, white cells and platelets) are returned to you.



# How Plasma Is Used to Treat MS

- Used as a second-line therapy after corticosteroids
- Helps manage sudden, severe MS attacks (relapses)
- Removes harmful proteins in the plasma that may attack the body
- Individuals usually need 3–7 plasma exchanges, each around 2–4 hours

## Plasmapheresis for MS Relapses



# Canadians living with MS are now eligible to donate blood and plasma—as long as they’re feeling well and not taking certain medications that affect donation eligibility.



I have not had a piercing or tattoo in the past three months.  
*If you have, please come back after three months.*



I am not taking prescription medications.  
*(please check acceptable prescription list at [blood.ca/am-i-eligible](https://www.blood.ca/am-i-eligible) or call **1 888 2 DONATE**)*



I have not travelled outside of Canada, the continental USA, Antarctica or Europe in the last three weeks. Please note that donors who have a history of malaria infection or spent time in a malaria-risk area may donate plasma.



I weigh more than 110 lbs.



**17+**

I am 17 years of age, or older.

## Cookies for Sale!

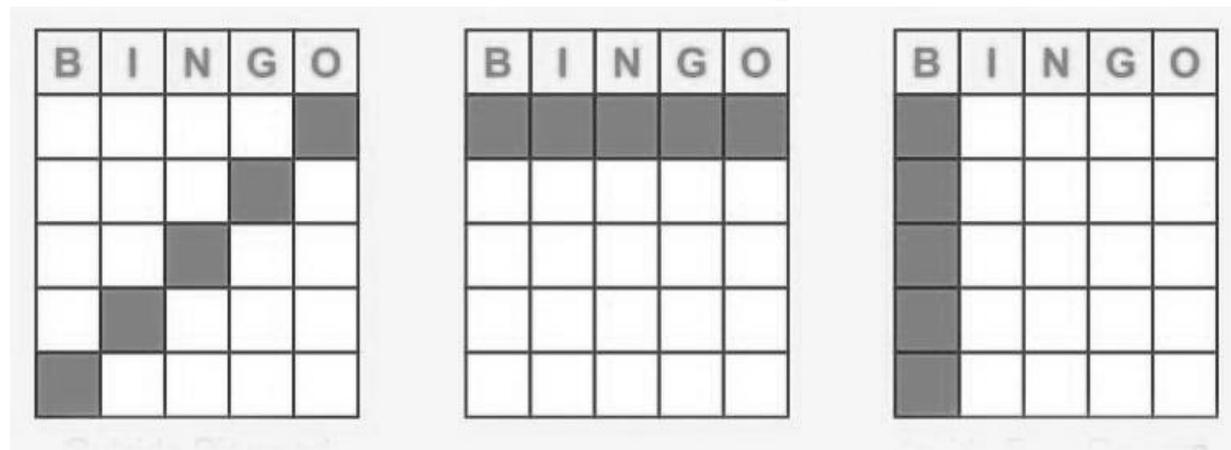
- A portion of the proceeds help members of the community who suffer from Multiple Sclerosis, while also supporting **Sunnybrook Hospital MS Clinic, CHATS, WestPark Healthcare Centre, Abilities Centre, Toronto Rehabilitation Institute** and more.
- Cash or e-transfer:  
*[events@mymfamily.com](mailto:events@mymfamily.com)*



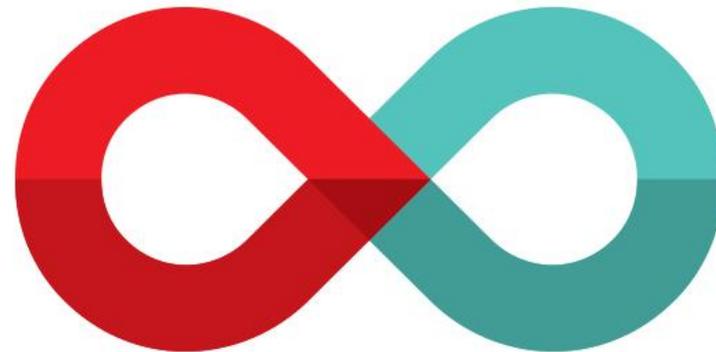
[mymfamily.com](http://mymfamily.com)

# BINGO

## Night



# Together, we are Canada's Lifeline



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